# JULY 2023 MILDMAY CARRICK SWIMMING POOL SCHEDULE

* Programs are subject to change depending on participation levels

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---|---|---|---|---|---|
| ~ | ~ | Lane Swim | ~ | ~ | ~ | ~ |
| ~ | ~ | 6:30AM-8:00AM | ~ | ~ | ~ | ~ |
| ~ | ~ | ~ | ~ | ~ | ~ | ~ |
| | | | | | ~ | ~ |
| Lessons | Lessons | Lessons | Lessons | Lessons | ~ | ~ |
| 8:30 AM | 8:30 AM | 8:30 AM | 8:30 AM | 8:30 AM | ~ | ~ |
| to 11:00AM | to 11:00AM | to 11:00AM | to 11:00AM | to 11:00AM | ~ | ~ |
| | | | | | ~ | ~ |
| Adult &Tot/ Senior Swim | Adult &Tot/ Senior Swim | Adult &Tot/ Senior Swim | Adult &Tot/ Senior Swim | Adult &Tot/ Senior Swim | Staff | ~ |
| 11:00AM-12:00PM | 11:00AM-12:00PM | 11:00AM-12:00PM | 11:00AM-12:00PM | 11:00AM-12:00PM | Clean-Up | ~ |
| ~ | ~ | ~ | ~ | ~ | 11:00AM-1:00PM | ~ |
| ~ | ~ | ~ | ~ | ~ | | ~ |
| Public | Public | Public | Public | Fun | Public Swim | Public Swim |
| Swim | Swim | Swim | Swim | Swim | July 8 & 22 | July 9 & 23 |
| 1:00PM-4:00PM | 1:00PM-4:00PM | 1:00PM-4:00PM | 1:00PM-4:00PM | 1:00PM-4:00PM | 1:00PM-4:00PM | 1:00PM-4:00PM |
| ~ | ~ | JR Lifeguard Club | ~ | ~ | ~ | ~ |
| ~ | ~ | 4:00PM-5:00PM | ~ | ~ | ~ | ~ |
| ~ | ~ | ~ | ~ | ~ | ~ | ~ |
| ~ | ~ | ~ | ~ | ~ | ~ | ~ |
| | | | | | ~ | ~ |
| Public | Public | Public | Public | Public | ~ | ~ |
| Swim | Swim | Swim | Swim | Swim | ~ | ~ |
| 6:00PM-7:30PM | 6:00PM-7:30PM | 6:00PM-7:30PM | 6:00PM-7:30PM | 6:00PM-7:30PM | ~ | ~ |
| Lane Swim | Aqua Fit/Lane Swim | ~ | Aqua Fit/Lane Swim | ~ | ~ | ~ |
| 7:30PM-8:30PM | 7:30PM-8:30PM | ~ | 7:30PM-8:30PM | ~ | ~ | ~ |

**Lessons:** Session #1 - June 12 - June 23, Monday to Friday
Session #2 - July 4 - July 14, Monday to Friday
Session #3 - July 17 - July 28, Monday to Friday
Session #4 - August 8-18th, Monday to Friday

**Bronze Medallion & Bronze Cross**
August 14th -25th 8:00am-11:00am

Rentals and Private Lessons are available at various times throughout the day.
Please contact the MCSP staff for more information. 519-367-2997