

JULY 2023 TEESWATER POOL SCHEDULE

* Programs are subject to change depending on participation levels

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--|--|---------------------------------------|---------------------------------|--|---------------------------------|---|
| ~ | ~ | ~ | ~ | ~ | ~ | ~ |
| Lessons 8:30AM to 11:00AM | Lessons 8:30AM to 11:00AM | Lessons 8:30AM to 11:00AM | Lessons 8:30AM to 11:00AM | Lessons 8:30AM to 11:00AM | ~ | ~ |
| Adult& Tots/ Lane Swim 11:00AM-12:00PM | Aqua-Lite 11:00AM-12:00PM | Staff Training | Aqua-Lite 11:00AM-12:00PM | Adult& Tots/ Lane Swim 11:00AM-12:00PM | Staff Clean Up 1100-100 | ~ |
| ~ | ~ | ~ | ~ | ~ | ~ | ~ |
| Public Swim 1:00PM-4:00PM | NWMO Toonie Tuesday Swim 1:00PM-4:00PM | Public Swim 1:00PM-4:00PM | Public Swim 1:00PM-4:00PM | FUN Swim 1:00PM-4:00PM | Public Swim 1:00PM-4:00PM | Public Swim 1:00PM-4:00PM July 2, 16, & 30 |
| ~ | Swim Team 4:00PM-5:00PM | JR Lifeguard Club 4:00PM-5:00PM | Swim Team 4:00PM-5:00PM | ~ | ~ | ~ |
| ~ | ~ | ~ | ~ | ~ | ~ | ~ |
| Public Swim 6:00PM-7:30PM | Public Swim 6:00PM-7:30PM | Public Swim 6:00PM-7:30PM | Public Swim 6:00PM-7:30PM | Public Swim 6:00PM-7:30PM | ~ | ~ |
| Aqua Fit 7:30PM-8:30PM | Lane Swim 7:30PM-8:30PM | Aqua Fit 7:30PM-8:30PM | ~ | ~ | ~ | ~ |

Lessons: Session #1 - June 12 - June 23, Monday to Friday
 Session #2 - July 4 - July 14, Monday to Friday
 Session #3 - July 17th - July 28th, Monday to Friday
 Session #4 - July 31st- August 11th, Monday to Friday
 (exc. Aug 7)

National Lifeguard- August 14th-18th 9:00AM-4:00PM

Bronze Star- August 14th-18th 8AM-11:00AM

Rentals and Private Lessons are available at various times throughout the day.
 Please contact the TCSP staff for more information (519) 392-6898