

South Bruce Senior's Community Connect

November 2025

What is the South Bruce Seniors Community Connect?

The South Bruce Seniors Community Connect is a one-stop source for information about events that support wellbeing and help older adults stay connected with others in South Bruce.

The Community Connect is available online on the Municipal Website as well as physical copies at the Mildmay Carrick Recreation Complex, Teeswater Culross Community Centre, TNT in Formosa, and the Bruce County Public Library Teeswater Branch and Mildmay Branch.

Sunday

Pickleball (South Bruce)- Formosa Community Centre 10:30am-12:30pm
\$4.00/person

Tuesday

SMART Program (VON)- Teeswater Culross Community Centre 9:00am-10:00am,
Free

SMART Program (VON)- Mildmay Carrick Recreation Complex 11:00am-12:00pm,
Free

Pickleball (South Bruce)- Formosa Community Centre 9:00am-11:00am, \$4.00/person

Pickleball (South Bruce)- Teeswater Culross Community Centre 7:00pm-9:30pm,
\$4.00/person

Zumba and Pound with Julia Jacobs (South Bruce)- Mildmay Carrick Recreation
Complex 6:30-7:30pm \$13.00/person

Solo (Mildmay 55+ Seniors Club)- Mildmay Carrick Recreation Complex 7:00pm,
\$2.00 to play

Wednesday

Mildmay 55+ Seniors Club Monthly Meeting- Mildmay 55+ Senior's Club, MCRC
November 5th, Starts at 7:00pm

Seniors Supper (Country Gal Catering) November 12th & 26th , Knox Presbyterian
Church, 7 James St. E, Teeswater, 5:00pm \$18.00/meal

Cards and Crokinole (South Bruce)- November 12th & 26th , Teeswater Town Hall,
1:00pm-3:30pm, \$3.00/person

Thursday

Senior Skate (South Bruce)- Mildmay Carrick Recreation Complex, 10:30am-11:30am,
\$3.00/person

SMART Program (VON)- Teeswater Culross Community Centre 9:00am-10:00am,
Free

SMART Program (VON)- Mildmay Carrick Recreation Complex 11:00am-12:00pm,
Free

Bid Euchre (Mildmay 55+ Seniors Club)- Mildmay Carrick Recreation Complex,
1:00pm, \$2.00 to play

Special Events

Senior's Holiday Social- Wednesday November 5th- Teeswater Culross Community
Centre, 11:30am-3:30pm. Lunch is served at 12pm, cards crokinole etc to follow.
\$8.00+HST/person, Registration Required

Coffee and Tea Social* Wednesday November 19, Formosa Community Hall, 9:30am-
11:30am, \$1.00 (including tax)/person

Coffee and Tea Social* Friday November 28, Formosa Community Hall, 9:30am-
11:30am, \$1.00 (including tax)/person

Upcoming Events

Lunch and Learn - Fire Safety in the Home*- January 22nd, 2026, Formosa
Community Centre, 11:00AM-1:00PM

Join us for a special fire safety presentation designed just for seniors, where you'll learn
practical tips and important information to protect yourself and your home.

Topics include smoke and CO alarms, emergency escape planning, and fire extinguishers.

Try our digital fire extinguisher simulator!

Free, Registration Required

Valentines Friendship Luncheon*

Saturday, February 14, 2026, Mildmay Carrick Recreation Complex, 10:00AM-1:00PM,
Lunch Served at 12PM

Enjoy a fun and creative pottery painting activity led by Country Clay Cafe, followed by a delicious lunch of subs and salads, catered by TNT General Store.

It's the perfect chance for kids and grandparents to make memories, share laughs, and take home a handmade keepsake.

\$8.00+HST/person, Registration Required

Looking to register, want more information, or have something to submit for the next issue?

Visit: www.southbruce.ca/seniors

Call: 519-392-6623 x 4

E-mail: recreation@southbruce.ca